



Involvement in Physical Activity during COVID-19 Survey

Disability Sport Wales wants to capture your experiences of taking part in physical activity over the past year during the COVID-19 pandemic.



Getting a national picture of the experiences that disabled people have experienced in accessing physical activity and sport will really help us plan for the future.

Can you spend 10 minutes telling us about your involvement and participation by completing a survey?

The survey is available in English, Welsh, British Sign Language, or Easy Read, either online or in paper copy (on request from office@disabilitysportwales.com).

If you would like to receive the survey in an alternative accessible format, please let us know. BSL is available through all links above.



🏠 Sport Wales National Centre,
Sophia Gardens, Cardiff, CF11 9SW

☎ Tel.: 0300 300 3115



Arolwg Ymwneud Gweithgaredd Corfforol yn ystod COVID-19

Mae Chwaraeon Anabledd Cymru eisiau cofnodi eich profiadau o gymryd rhan mewn gweithgarwch corfforol yn ystod y flwyddyn ddiwethaf yng nghanol pandemig COVID-19.



Allwch chi dreulio 10 munud yn dweud wrthym am eich ymwneud a'ch cyfranogiad drwy gwblhau arolwg?

Mae'r arolwg ar gael yn Gymraeg, Saesneg, Iaith Arwyddion Prydain, neu Hawdd ei Ddarllen, naill ai ar-lein neu ar bapur (ar gais o office@disabilitysportwales.com).

Os hoffech chi dderbyn yr arolwg mewn fformat hygyrch arall, rhwch wybod i ni. Mae Iaith Arwyddion Prydain ar gael drwy ddilyn yr holl ddolenni.



Canolfan Genedlaethol Chwaraeon Cymru,
Gerddi Sophia, Caerdydd, CF11 9SW

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