New Delhi 2010 Commonwealth Games October 2010

Shooting Section Report(Welsh Target Shooting Federation)



Wm.John Dallimore – Shooting Manager WTSF



1. Preparation

Preparation for CSFC 2010 started immediately after Melbourne 2006, the WTSF having developed a selection policy based on Nomination Policy developed for M2006.

During this time the Sports Science Department of the Welsh Sports Council led by Sports Science Manager Matt Cosgove was involved with the shooting team.

This was the best prepared shooting team in the history of Commonwealth Games and our thanks must go to the Board and Executive of the Welsh Target Shooting Federation. We would also like to thank Sport Wales, The Commonwealth Games Council of Wales, South Wales Police and the Assembly Government for their professional manner and help in ensuring that the Team Wales shooting team was prepared for Delhi.

2. Pre Games Training

The busy competition schedules of the four sections made it extremely difficult to assemble all the team together for group training prior to departure for New Delhi. The Team managed a training camp for Smallbore, Air Weapons and Pistol in Gibraltar, Shot gun in Cyprus, Italy and Jersey plus two training days at WIS prior to departure. All team members were given the opportunity to carry out overseas warm weather training during the autumn and winter of 2009. These provided invaluable opportunities to prepare for the CSFC which in turn proved valuable for the Main event in October.

Preparation funding, from, Wales Sports Council (WSC) and WTSF was made available in 2008/10 making it possible for all team members to attend overseas matches in preparation for the Commonwealth Games

In October 2009 a strong Welsh Target Shooting Federation Team was selected and attended the Commonwealth Shooting Federation Championships in New Delhi in February 2010. This gave the Athletes and Officials an insight and feel for the Commonwealth games in October.

- With experience from the last two years, previous visits, Games (CYG) and the CSFC earlier
 this year, The WTSF decided against attending a pre games holding camp, as the CYG/CSFC
 proved invaluable in suggesting that the team would not suffer Jet Lag as in the previous
 games.
- 2. Moving into the Official accommodation just before the training days.
- 3. "Bonding" of the team members prior to New Delhi 2010
- 4. These Championships proved to be an important step towards New Delhi 2010.

All disciplines set out a rolling selection procedure between early 2008 and June 2010. The Welsh Target Shooting Federation (WTSF) nominated the team to the Commonwealth Games Council for Wales (CGCW), who confirmed selection of the full team of 11 men and 8 women plus support staff in June 2010.



After March 2008 until May 2010 little funds were made available for in-depth pre games training, therefore possible pre games camps to South Africa, etc. were not even considered. Camps that were "Mainly self funded" took place.

- Pistol team trained in Switzerland
- Clay target team in Italy, Cyprus and Malta,
- Smallbore/Air Rifle team weekends Police training Range in Bridgend and Gibraltar. Helping the
 Gibraltar squad with their training also proved useful for the Welsh Team's preparation.

NB. Gibraltar was selected as the natural lighting was similar to that experienced in Delhi..

In January/February funding was made available from the Sports Council of Wales; Thanks must go to our Shooting Liaison Officer's for their work in helping us obtain this support.

3. Team Wales Shooting competitors

• Smallbore (.22 and Air Rifle) -

John Croydon, David Phelps, Jamie Dummer,
Johanne Brekke, Jenny Corish, Sian Corish, Helen Warnes,

• <u>Pistol</u>

Steve Pengelly, Alan Green, Rachel Gravell, Nicola Wilson.

Clay Target

Malcolm Allen, Rhys Price, Scott Morgan, Mike Wixey, Cheryl Gizzy, Jackie Lewis.

• Fullbore Rifle

Gareth Morris, Bob Oxford

Team Wales Shooting Officials

Shooting Manager -- John Dallimore;

Dr Karni Singh Shooting Range New Delhi Smallbore, Air, Rifle and Pistol events

Smallbore Rifle coach -- Robert Riddett;

Air and Cartridge Pistol Coach -- Robert Warnes;

Dr Karni Singh Shooting Range Clay Target events

Clay Target Coach -- John Hall

CRPF Campus Kadarpur Shooting Complex Fullbore Rifle

Fullbore Target Coach
 Martin Watkins

Team Sports Scientists, -- Joy Bringer, Matt Cosgrove, Kath Brown.

Team doctor -- Gareth Jones.

Physio -- Pre/pro active at village not at venue



4. Commonwealth Games New Delhi 2010

The main parties of Team Wales (shooting) departed in two groups from Cardiff first on Sept 25th and secondly on Sept 28th assembled in Cardiff and travelled to Heathrow by coach.

At Terminal 3 we met the remainder of the team, Customs proved no problem; the whole team each time were through in less than an hour.

5. <u>Arrival</u>

After a tiring flight we arrived at New Delhi at 10:15, we were ushered efficiently through the airport. But it was time consuming with the bureaucracy of the Indian officials, with all the necessary paperwork completed well in advance; we didn't encounter any problems at customs with the firearms.

All firearms were deposited at the armoury at the two shooting venues and held there until the first visit to the training/competition venue. This was repeated prior to departure

6. <u>Accommodation</u>

In the lead up to the Games there was a lot of uncertainty of housing team and coaches together, but on arrival we were pleased that all of the shooting athletes were housed together on one floor of Tower No.1 in the Games Village.

The tower had six three/four twin room en suite apartments and with (mixed) team members, there were no problems with any of the rooming. All rooms were decorated with Welsh regalia to make us feel at home.

7. Ranges

Dr Karni Singh Shooting Range

Located 35/45minutes from the Athletes Village in New Delhi this facility was the venue for Small Bore, Pistol, Air Weapon and Shotgun shooting events.

This World Class venue houses a 10m indoor shooting area as well as 25m and 50m ranges and Trap and Skeet shooting grounds. The venue had been totally upgraded in both its target systems and infrastructure to enhance its international standard facilities.

The Dr Karni Singh is recognised also as one of the most scenic and best equipped Clay Target shooting facilities in the world. In its long history it has already hosted many national and international events. Although existing technical equipment was suitable to conduct events, upgrades were made prior to the New Delhi 2006 Commonwealth Games to meet the ever-evolving international standards.



Kadarpur Rifle Range

The three Fullbore members in Kadarpur faced a long and tiring journey to the Fullbore range each day Set in the regional town of Kadarpur, about 1.5 hours drive from New Delhi; this was the venue for the Full Bore Shooting event. The Government of India committed funds to a redevelopment program which included a New Build of the range and new Electronic target systems the upgrade ensured a state-of-theart facility with all necessary technical equipment meeting the highest standards required to make this into one of the most innovative Fullbore ranges in the World. But sadly as these types of targets had not been proven beyond 300Mtrs and proved a problem to the detriment of our team members.

8. <u>Competition</u>

Official Competitions Full Results can be found on:

http://results.cwgdelhi2010.org/en/Comp.mvc/DetailedScheduleByDate?sportCode=SH

Competitions were scheduled for every day of ND2010 from day two. The schedule was split into disciplines on three consecutive days, PET, Pairs and Individual. There were 26 separate competitions in the shooting programme.

Medals

Women's Prone Rifle, Jo Brekke took the Bronze medal bettering the previous record by three points.

Smallbore and Air rifle

Sian and Jenny Corish finished 4th in the Women's Air Rifle event, one point off Bronze.

Jenny shot 395 in the Pairs event of the Air <mark>Rifle</mark> for a new Welsh Record and a GB qualifying score .

Johanne Brekke and Helen Warnes 4th missed Bronze medal in the Women's Prone Rifle Pairs event again one point off Bronze and were three points off the Gold medal

Sian Corish made her two finals 3x20 and air Rifle with John Croydon in the final of the 3x40.

Pistol

In their first major competition Nicola Wilson and Rachel Gravel finished in a creditable position

Shotgun

Men's Olympic trap, Mike Wixey was just one point off tie shoot for the final, with Scott Morgan on 112 Olympic Skeet Malcolm Allen in pairs event finished on 98x100, with Rhys Price finishing in the individual with an excellent 113x125 in his first major International match.

Fullbore Rifle

After day three of this five day marathon Gaz Morris and Bob Oxford were in first and third position, the variance of the targets at longer range on day four 900 yds gave questionable results and this we are sure cost medals for both of these athletes as on day five 1000 yds they were again amongst the leading scores



on the day. Seemingly arbitrary decisions by the Jury regarding the annulment of authorised re-shoots compounded the target problems.

9. Conclusion

One medal and two fourth places plus the Several "Personal bests" proved that with the Harsh weather environment of India the Shooting section of Team Wales performed to a high Standard in many of the competitions.

The shooting competitions along with the rest of New Delhi 2006 were a well run World class competition.

All of the team supported each other at the ranges during competition and also off the ranges and at the Athletes village.

New Delhi 2010 was a success for Team Wales. Shooting was an important part of the overall team effort. The shooting section of Team Wales performed very well giving 100% effort at all times exceeding or nearing their personal bests.

My thanks go to our Shooting Athletes who contributed to this outcome, an excellent effort with no or very little training facilities in Wales to train for this level of competition.

I also thank my coaches Martin, Rob R, Rob W, John and also Richard Stepney, Alastair, Sport Wales Sport Scientists Matt Cosgrove, Joy Bringer and Kath Brown for their full support and assistance over the last twelve months and for making New Delhi 2010 a success.

W. John Dallimore.

WTSF/WCG

Shooting Team Manager ND2010

